

➤➤➤ Pre-Summit Activity

The Pre-Summit Activity is an essential part of community building for students who attend the BSU Summit. Allowing time for students to come together and share their ideas and thoughts helps to create a shared vision and a sense of community. It gives students the opportunity to reflect on their experiences, identify areas for improvement for themselves and for their school, then set achievable goals for the future. This type of collaborative problem-solving helps to foster creativity, develop leadership skills, and promote a sense of ownership and investment in the future. By providing this space for students to brainstorm, sponsors can show their support and encourage members to take an active role in their personal lives and the school community.

Worksheet: Brainstorming Before The Summit

Directions: Before going to the BSU Summit, please complete the following activity to help you set goals and action steps.

Name: _____

Group Members: _____

Goal 1: _____

What specific steps will we take to achieve this goal?

Goal 2: _____

What specific steps will we take to achieve this goal?

Goal 3: _____

What specific steps will we take to achieve this goal?

»»» Post Summit Activity

The Post-Summit Activity allows time for students to reflect on what they experienced and finalize their goals after attending the summit. This time allows students to process and integrate the information they gained from the summit, and to think critically about how it applies to their goals. This reflection can lead to a deeper understanding of the challenges and opportunities and help the students to make informed decisions about their goals and strategies. Secondly, it helps students to build on the momentum gained from the summit, and to translate their experiences into actionable steps for the future. By allowing time for reflection, sponsors can support the students in their personal and collective growth, and help them to develop a strong sense of purpose and direction.

Worksheet: Finalizing Goals and Next Steps

Instructions:

Take some time to reflect on the information and experiences you gained from the summit. Think about the goals you discussed in the morning and consider any updates or revisions that need to be made based on what you learned at the summit.

Use the following prompts to guide your reflection and goal-setting process:

1. What were your takeaways from the Summit?
2. How did the information presented at the Summit impact your original goals?
3. What new ideas or perspectives did you gain from the Summit?
4. Are there any challenges that were presented that need to be addressed in order for your goals to be accomplished?
5. How will you incorporate the information you gained from the Summit into your goals for next year?

Conclusion:

Review your answers and finalize any revisions to your goals.

Consider how you will work with others to implement these goals in the upcoming year.

Think about any action steps you need to take to ensure the success of these goals.